



KMVU3A Inc Update

Term 2 2025

Email: info@kempseymacleayu3a.com.au

Website: <https://www.kempseymacleayu3a.com.au>

Facebook: <https://www.facebook.com/KMVU3A>



Welcome to TERM 2 2025

We have had a wonderful start to the year with all classes returning and as popular as always. The new classes are also being enjoyed and add variety to our class offerings. Zumba and Line Dancing have returned for the two cooler terms, and there are vacancies in Zumba if you would like to get the blood pumping.

All this rain has seen our Meander's walking through puddles and on sodden tracks and our paddler's have had brown rivers and muddy access points to navigate, but they have not been deterred, with both these activities getting a good roll-up each week.

Some classes have vacancies still if you would like to try something new, please go to our **website** for further information. Click on the **Classes & Events** heading then **Current Classes** or [click here](#).

Again, **many thanks to our Volunteer Class leaders** whose commitment and contributions continue to provide interest and variety to our class offerings and importantly provide the many opportunities for our members to have fun with friends while learning something new.

Jo Hughes-Hallett, Class Co-Ordinator

Save the date: Mid-Year Celebration 9th July

Our mid-year get together for 2025 is planned as a luncheon cruise around Port Macquarie.

Date: Wednesday 9th July, 11am – 2pm. \$56 for morning tea, hot lunch, tea/ coffee, various games during the cruise.

More details and booking information will be emailed and available on our website under Classes & Events > Current Events.



2025 Calendar

Term 2:	Classes start: Monday 5 May, Classes end: Friday June 27
Term 3:	Monday July 28 th to Friday September 19 th
Term 4:	Monday October 20 th to Friday December 12 th

KMVU3A acknowledges the Thunggutti/ Dughutti people being the traditional custodians of the Macleay Valley. We pay our respects to Elders past, present and emerging.

2025 AGM update

A successful AGM was held on Tuesday 6 May 2025. Some highlights are below.

2025 Committee

Please contact us by email at info@kempseymacleayu3a.com.au and it will be forwarded as required OR by phone as on the following page.



2025 U3A Committee L to R: Lyn Graham, James Moulton, Christine Pateman, Neil Absolon, Susan Absolon, Joanna Hughes-Hallett, Wendy Whitten, Fran Tarbox, Trudi Mainey.

Life Membership for Margaret Jopling

Life Membership was awarded to Margaret Jopling for her untiring efforts in many areas of U3A – class member, class leader, committee member, event manager extraordinaire and more! A well-deserved award.



President Jim Moulton concluded the AGM as follows:

Thank you to those committee members who will continue this year (James Moulton, Frances Tarbox, Christine Pateman, Neil Absolon, Joanna Hughes-Hallett, and Trudy Mainey) and a big welcome to new committee members Sue Absolon, Lyn Graham, and Wendy Whitten.

A special thank you to those committee members who have not sought re-election (Lois Hillard, Greg Taylor, and Kerry Sharp). They have been active committee members, and their skills and enthusiasm will be missed. Each were presented with a token of appreciation.

The 2024/25 Committee members have worked tirelessly to ensure all members have an enjoyable U3A experience.

Thank you to Sue Absolon and Christine Pateman for their many hours of work establishing and administering the Member Wizard software and subsequent changes to enrolment and management procedures.

Joanna Hughes-Hallett has successfully taken on the time-consuming task of Course Coordinator.

The Catering Committee under Margaret Jopling's guidance deserves a special thank you for the two social events they organised.

Although not on the Committee in 2024, Sue Absolon and Bob Ecclestone have worked extensively with technology, and John Cruickshanks has continued his work with the Newsletter – their commitment is greatly appreciated.

Without the class leaders there would be no courses and hence no KMVU3A – a big thank you to the class leaders whose enthusiasm and commitment allow our members to have so many enjoyable experiences.

2025 COMMITTEE

PRESIDENT	James Moulton	0417 434 310
VICE PRESIDENT	Fran Tarbox	0408 627 797
SECRETARY	Susan Absolon	0432 638 406
TREASURER	Christine Pateman	0407 229 600
COURSE CO-ORDINATOR	Joanna Hughes- Hallett	0405 366 443
COMMITTEE MEMBER	Neil Absolon	0429 487 345
COMMITTEE MEMBER	Lyn Graham	0427 625 891
COMMITTEE MEMBER	Trudy Mainey	0476 128 659
COMMITTEE MEMBER	Wendy Whitten	0414 310 691

Upcoming Cyber Security Zoom Seminar – Tuesday 27 May 12.30 – 1.45pm

Presented by the U3A NSW network, the first seminar will include an introduction to cybersecurity, online threats, safe online practices, spotting scams and protecting your devices. Follow-up seminars will delve deeper into specific topics.

Details will be emailed closer to the date.

KMVU3A CLASSES TERM 2 2025

[CLICK HERE](#) to read more about each class, vacancies and enrolment options.

Or go to our website: [Click on Current classes & Events > Current Classes](#)

KMVU3A Term 2 2025 Weekly Calendar				
Monday	Tuesday	Wednesday	Thursday	Friday
Balance 'n' Bones Kempsey Mon 9 – 10am Catholic Parish Hall Kempsey	Bridge 1:00pm – 4pm Kempsey RSL Club	Balance 'n' Bones Kempsey Wednesday 9:30 – 10:30am Uniting Church Upper Hall	Art Kempsey Continuing only 9am – 12noon KMVU3A Office	Brain Ticklers 10am – 12noon Kempsey Library
Balance 'n' Bones SWR Monday 9 – 10am Catholic Parish Hall SWR	Fitness (A) Tues 11am – 12noon Co-op Fitness Centre	Card Making 10am – 2pm Catholic Parish Hall Kempsey	Balance 'n' Bones SWR 9 – 10am Catholic Parish Hall	Computer Basics - Windows 10am – 12noon KMVU3A Office
Balance 'n' Bones SWR Monday 10:15 – 11:15am Anglican Hall SWR	Fitness (B) Tues 1pm 1 – 2pm Co-op Fitness Centre	Kayaking Wednesday 8:30am – 12noon Various locations	Balance 'n' Bones SWR 10:15 – 11:15am Anglican Hall SWR	Creative Writing 1 – 3pm Presbyterian Hall
Card Games 1:30 – 4pm Pensioners Hall Kempsey	French 10:15 – 12:15pm Private residence	Mahjong Kempsey 9:15am – 12:30pm Uniting Church Lower Hall	Fitness (C) Thur 1pm 1 – 2pm Co-op Fitness Centre	Fitness (D) Fri 1pm 1 – 2pm Co-op Fitness Centre
Kayaking Monday 8:30am – 12noon Various locations	Mahjong SWR 9:30am – 1pm SWR School of Arts	Table Tennis 1:30 – 3:30pm Pensioners Hall	Gardening 1– 3pm Pensioners Hall	Meanders Walking Group 8:30am – 12noon Kempsey Sports Ground car park
Wool 'n' Crafts Continuing only 12:30 – 2:30pm KMVU3A Office	Photobook 1:00 – 3pm KMVU3A Office	Ukulele SWR 9:30am – 1pm SWR School of Arts	Line Dancing 11am – 12noon Frederickton Hall	Movie Appreciation 7 – 10pm Odd Fellows Hall Kempsey
Yoga 10 – 11am Catholic Parish Hall Kempsey	Shibashi 11am – 12noon Uniting Church Upper Hall			
Zumba 1:30 – 2:30pm Uniting Church Upper Hall Kempsey	Tuesday Tappers – Continuing only 9 – 11am Sherwood Hall			